Instructions: Astronaut helmet

Instructions No. 1363

Difficulty: Advanced

Whether it's a motto children's party, carnival or Halloween - dressing up is always a lot of fun! To make the **costume** unique, you can easily **make** it yourself. It is very easy and on top of that a **lot of fun!** Here we show you how you can make the **deceptively real astronaut helmet**.







Material:

- 10 sheets fibre silk, white
- 1 balloon
- 2 decorative cardboard boxes (diameter approx. 5 cm)
- Handicraft paint, white
- Hot glue gun
- Double page Adhesive tape
- Scissors
- Ruler
- Waterproof Marker
- 2 bowls (for paste and for the balloon to hold)
- Pencil
- 1 household sponge or painting sponge

- 1 packet of wallpaper paste
- Newsprint
- Roll of aluminium foil
- Stirring tool
- Measuring jugs
- Water
- White plastic bag or white fabric

And it's that easy:



Mix**wallpaper paste** with a little less water than necessary (to increase the adhesive strength). Inflate the **balloon** and knot it - when inflated, it should be approx. 2 - 4 cm larger than the circumference of the child's head

Take a large bowl and place the balloon on it so that it cannot roll away. Place the balloon in the lower part with **Permanent marker** mark (approximately from the point where it tapers). Now tear the **fibre silk** into medium sized pieces. Next, rub the balloon with the paste and place the pieces of straw silk **directly** on it and **smooth** it down with your **fingers**. Make sure that the pieces **overlap slightly and** that you slightly exceed the mark only .

Allow the first layer or, if desired, the first two layers **to dry well overnight or in a warm place.** Next, apply 2 layers of newspaper and allow to dry. Now concentrate the paste a little bit more and apply again 2 layers of fibre silk and let it dry. Now tear the newsprint into large pieces and apply the same. Apply 2 more layers of fibre silk, alternating with a layer of newspaper. **Allow the individual layers to dry well in between and always make sure that any unevenness is evened out**.

Cut the knot on the balloon and remove the remains. **Color** the **helmet with Handicraft paint and sponge and** let it dry.

Measure the head height and adjust the helmet to it including the neck. Measure with a ruler and mark with a pencil. Mark the height around the helmet and then cut it out. Print out the **pattern sheet (template)**, cut it out and place it in the middle of the helmet (be sure to observe eye level). Now **mark** with a pencil **and cut out afterwards**

Paint the **round boxes** white and let them dry. Then glue them with the glue gun on the right and left

Cut 6 strips from the **aluminium foil**: **two strips** measuring approx. 2 cm **x 19 cm,** two **strips** measuring approx. 2 cm x 9 **cm and two strips** measuring approx. 2 cm x 30 cm.

Stick **double-sided Adhesive tape** on the **visor edge** and stick aluminium foil strips**(the strips with the dimensions 2 cm x 19 for the long sides, those with the dimensions 2cm x 9cm for the short sides).** It is best to start on the front side and let it protrude 1 cm. Make small cuts at the back with a distance of about 2 cm (so that the Paper fits better) and stick them on as well. **Glue the remaining strips to the neckline**.

To make the helmet look even **more authentic**, you can stick a piece of white **fabric or a** white plastic bag **around the neckline**. When doing so, fold the fabric slightly and apply it with the hot glue.

Tip: If you would like to make the helmet a little more elaborate, you can decorate it additionally with glow-in-the-dark stickers or paracord that glows in the dark. You can also use a mirrored spy window film to attach a visor.



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Article information:

Article number	Article name	Qty
706605-01	VBS Straw silk, 50x70cm, 3 sheetsWhite	1
777131	VBS Box "Round", 6 pieces, papier-mâché	1
24571	Hot glue gun "Mini", 10W/240V	1
521536	VBS Double sided adhesive tape, 8 mm, 25 m	1
970373	VBS Handicraft scissors "Pointed"	1
130134	VBS Universal ruler	1
566919	edding 3000 "Permanent Marker"	1
810401	Mixing cup made of rubber	1
852357	Graphite Pencils, set of 4	1
330350	VBS Painting sponges, 3 pieces	1